

**For Immediate Release:**

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**For More Information:**

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**“Making the Move to Retirement Living”  
helps seniors make tough decisions**

**BOULDER, Colo.**—Golden West will host an educational series, “**Making the Move to Retirement Living**,” designed to help seniors make difficult choices in regard to retirement living. The three-part series is presented in two different sessions at no cost and is open to the public.

The first session will be held at The Towers, 1055 Adams Circle, include a free continental breakfast and all beginning at 8:30 a.m. The three-part series is as follows:

- Tuesday, Sept. 1, Part 1: “Is Retirement Living an Affordable Option for Me?”
- Tuesday, Sept. 9, Part 2: “How Do I Do It? Cleaning Up, Selling, & Relocating to Senior Living”
- Tuesday, Sept. 15, Part 3: “Is Joining a Retirement Community the Right Choice for Me?”

Or join us at Flatirons Terrace, 930 28<sup>th</sup> St., for the second session, all starting at 9 a.m. This three part series is as follows:

- Wednesday, Sept. 2, Part 1: “Is Retirement Living an Affordable Option for Me?”
- Wednesday, Sept. 9, Part 2: “How Do I Do It? Cleaning Up, Selling, & Relocating to Senior Living”
- Wednesday, Sept. 16, Part 3: “Is Joining a Retirement Community the Right Choice for Me?”

Workshop presenters include financial advisor Chris Hanson from Trevian Financial, senior real estate specialist Mimi Tugaoen with Project ReLo, and eldercare advisor Kris Gillen from A Place for Mom.

Reservations are requested for each series of the sessions. For more information or to make a reservation, contact Kathleen Charles, director of community relations, at 303-444-3967 or [kcharles@gwboulder.org](mailto:kcharles@gwboulder.org).

**About Golden West: [www.gwboulder.org](http://www.gwboulder.org)**

Golden West, senior living in Boulder, has been serving seniors since 1965. Located at 1055 Adams Circle, Golden West currently owns and operates Flatirons Terrace, a recently completed independent senior living community, The Towers, independent apartments, and The Mezzanine, an assisted living community. Golden West is home to more than 360 seniors of various income levels and provides a full range of meaningful programs and events in a welcoming environment.