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MRT cognitive behavioral treatment program earns place on national registry for mental and substance abuse treatment interventions

MEMPHIS, Tenn. —April 29, 2009—Moral Reconciliation Therapy®, or MRT®, a cognitive behavioral treatment program used in corrections, has been placed on the National Registry of Evidence-based Programs and Practices. Currently, there are 136 mental health and substance abuse intervention programs listed on the registry. MRT is one of only six registered interventions applied successfully in correctional settings to treat mental health and substance abuse issues. MRT, which was developed by Gregory Little, Ed.D., and Kenneth Robinson, Ed.D., is distributed by Memphis-based Correctional Counseling, Inc.

The National Registry of Evidence-based Programs and Practices is a program of the Substance Abuse and Mental Health Services Administration, a part of the U.S. Department of Health and Human Services. To be placed on the registry, an intervention program goes through a rigorous review process. Two independent reviewers evaluate interventions and consider factors such as evidence of positive outcomes, outcome results published in peer-reviewed journals, replication of outcome results and ease of dissemination of program elements.

MRT is among the most researched cognitive behavioral intervention programs, with more than 100 studies validating its effectiveness. These studies have found that MRT has produced positive outcomes with both genders and in a wide range of diverse ethnic groups. MRT has been used in a wide range of agencies, drug and mental health courts, and community corrections treatment programs. Its core premise is improving decision making skills.

“Agencies across the country have been using our MRT program to treat offenders for many years. Earning a place on the registry is another testament to the quality and effectiveness of this program,” said Robinson.

About Correctional Counseling Inc. (www.ccimrt.com)

Based in Memphis, Tenn., Correctional Counseling, Inc. was formed in 1987. CCI specializes in providing cognitive behavioral staff training, treatment workbooks and materials as well as adult and juvenile outpatient, offender-specific substance abuse and accountability services. CCI provides correctional services to a variety of criminal justice agencies in the United States and commonwealths. CCI conducts multiple training sessions throughout the U.S. each year. CCI’s Moral Reconciliation Therapy cognitive behavioral program has been used with more than 1 million offenders since first introduced in 1986.

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